

Sedona Community Center

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>National Grandparents' Day September 10th</p>	<p>September is: <i>Better Breakfast</i> <i>Classical Music</i> <i>National Courtesy</i> Month</p>	<p>Looking for a meeting space? We offer rentals for that. Give us a call: 928-282-2834 or email: info@sccsedona.org</p>		<p>1 Mongolian Beef Brown Fried Rice Stir-fry Vegetables Green Salad Fortune Cookies</p>
<p>4- CLOSED</p> 	<p>5 Chicken Fettuccine Breadstick Spinach House Salad Orange Slices</p>	<p>6 Navajo Taco Pinto Beans Mexicali Corn Lettuce & Tomato Apricots</p>	<p>7 Herb Crusted Fish Rice Pilaf Butternut Squash House Salad Fruit</p>	<p>8 Chicken Strips Mac & Cheese Spinach House Salad Pineapple</p>
<p>11 Tuna Casserole w/ Peas and Carrots Broccoli House Salad Jell-O</p>	<p>12 Baked Ham Potatoes O'Brien Tomato Wedges Cottage Cheese Banana</p>	<p>13 Fajitas w/Corn Tortillas Peppers & Onions Cowboy Caviar Shredded Lettuce Tropical Fruit</p>	<p>14 Cheese Ravioli Zucchini Garlic Bread Caesar Salad Chocolate Chip Cookie</p>	<p>15 Pork Chops Rice Pilaf Peas House Salad Cooked Apple Slices</p>
<p>18 BBQ Chicken Sweet Potato Tots Baked Beans Coleslaw Orange Slices</p>	<p>19 ~ Birthday Spaghetti & Meatballs Italian Blend Veggie House Salad Birthday Cake</p>	<p>20 Ham & Cheese Wrap Lettuce & Tomato Potato Chips Spinach Salad with Strawberries Brownie</p>	<p>21 Swedish Meatballs Egg Noodles Carrots House Salad Chocolate Pudding</p>	<p>22 Restaurant Partner El Rincon</p>
<p>25 Chicken Cacciatore Angel Hair Pasta CA Vegetable Blend House Salad Pineapple</p>	<p>26 Shepherd's Pie Yellow Squash Spinach Green Salad Oatmeal Cookie</p>	<p>27 Chili Relleno Casserole Pinto Beans Stewed Tomatoes House Salad Grapes</p>	<p>28 Roast Beef w/Gravy Red Potatoes Roasted Carrots House Salad Fruit Ambrosia</p>	<p>29 Roasted Chicken Orzo Pasta Broccoli House Salad Pears</p>

For our daily in-house lunch guests, NACOG clients 60 & over ~ \$7 suggested contribution, non-NACOG 60 & over~\$7.00 required payment. For all others a \$10.00 charge is mandatory.

Reservations - please call 928-282-2834. Meals are prepared with low fat, low salt, and low sugar.

Services are funded by the Older American's Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult (DAAS) to NACOG Aging.

Menu is subject to change based upon available food items. Thank You!