

Sedona Community Center

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	November 1st is National Cook for Your Pets Day!	1 Pork Stew w/ Potatoes Seasoned Carrots House Salad Pineapple	2 Tuna Casserole Sweet Potatoes Dinner Roll House Salad Apple Slices	3 Grilled Chicken Roasted Veggies Rice Pilaf Green Salad Tropical Fruit
6 Lasagna Summer Squash Garlic Breadstick Caesar Salad Spice Cake	7 Chicken & Dumplings Broccoli House Salad Peach Cobbler	8 Ham and Egg Sandwich Hash Browns Bell Peppers, Tomatoes, Onions Banana	9 Meatloaf Green Beans Mashed Potatoes House Salad Applesauce	10- Closed 
13 Fish and Chips Mixed Vegetables Coleslaw Chocolate Chip Cookie	14 Chili Mac & Cheese Cauliflower Tomato Salad Pears	15 Pepper Steak Potatoes Veggie Blend House Salad Brownie	16 Grilled Cheese Hearty Tomato Soup House Salad Fruit Cocktail	17 Orange Chicken Brown Rice Stir Fry Vegetables Cabbage Salad Fortune Cookies
20 Roast Beef Sub Chips Lettuce & Tomato Coleslaw Pineapple Cake	21 ~ Birthday Clam Chowder Cheddar Biscuit Spinach Salad Strawberries	22 Turkey w/Gravy Stuffing Sweet Potatoes Green Beans Cranberries House Salad Apple Pie	23 - Closed 	24- Closed 
27 Chicken Tenders Tator Tots Veggies House Salad Lemon Cake	28 BBQ Pork Ribs Sweet Potato Cauliflower Coleslaw Banana Pudding	29 Spaghetti & Meatballs Veggie Garlic Bread House Salad Apricots	30 Baked Fish Butternut Squash Asparagus House Salad Lemon Bar	The Staff from SCC wants to wish everyone a very happy and thankful holiday!

For our daily in-house lunch guests, NACOG clients 60 & over ~ \$7 suggested contribution, non-NACOG 60 & over~\$7.00 required payment. For all others a \$10.00 charge is mandatory.

Reservations - please call 928-282-2834. Meals are prepared with low fat, low salt, and low sugar.

Services are funded by the Older American's Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult (DAAS) to NACOG Aging.

Menu is subject to change based upon available food items. Thank You!