




Sedona Community Center



January 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 1 CLOSED  | 2 Shepherd's Pie Spinach Dinner Roll Green Salad Strawberries | 3 Chicken Parmesan Noodles Squash Medley House Salad Cookie | 4 Quiche w/ Spinach and Tomatoes Roasted Potatoes, Peppers, & Onions House Salad Banana | 5 Beef Broccoli w/ Stir Fry Veggies Brown Rice Steamed Cabbage House Salad Mandarin Oranges |
| 8 Loaded Baked Potato Chili Beans Broccoli House Salad Fruit Cocktail | 9 Beef Stew Mixed Veggies Potato Salad Brownie | 10 Taco Soup Peppers & Onions Tortilla Chips Lettuce and Pico Tropical Fruit | 11 Baked Ziti Squash Medley Cooked Spinach House Salad Pudding | 12 Baked Fish Wild Rice Pilaf Roasted Carrots House Salad Pineapple |
| 15 CLOSED  | 16 Birthday Lunch Chicken & Rice Casserole Broccoli Cooked Carrots House Salad Birthday Cake | 17 Pork Roast & Gravy Potatoes Carrots House Salad Pineapple | 18 Turkey Casserole with Mixed Veg. Acorn Squash House Salad Peach Cobbler | 19 Clam Chowder Cheddar Biscuit Corn House Salad Applesauce Cake |
| 22 Chicken Fried Steak Mashed Potatoes Peas and Carrots House Salad Strawberries | 23 Split Pea & Ham Soup Dinner Roll House Salad Fruit Salad | 24 Oven Fried Chicken Roasted Potatoes Peas and Carrots House Salad Jello with Pears | 25 Bratwurst Sauerkraut Oven Fries Coleslaw Blueberries | 26 Restaurant Partner El Rincon |
| 29 Chicken Cordon Bleu Potatoes Corn House Salad Pineapple Upside Down Cake | 30 Beef Stroganoff Egg Noodles Spinach Cauliflower House Salad Banana Bread | 31 Chicken Teriyaki Brown Fried Rice Stir-fry Vegetables House Salad Orange Slices |  | The Staff at the Sedona Community Center wishes you all a happy & healthy New Year! |

For our daily in-house lunch guests clients 60 & over ~

\$7 suggested contribution, for all others a \$10.00 charge is mandatory.

Reservations - please call 928-282-2834. Meals are prepared with low fat, low salt, and low sugar.

Services are funded by the Older American's Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult (DAAS) to NACOG Aging.

Menu is subject to change based upon available food items. Thank You!